

Mental health

Helping patients with mental health problems is an important part of the work of general practice. National figures show:

16% of adults of working age have a mental illness 30% of those people attending GP surgeries have mental health problems.

There is also significant evidence that mental health patients and their carers prefer their treatment to be offered in primary care. The Improvement Foundation launched the [National Primary Care Mental Health Collaborative](#) in 2006 to improve the care of adults of working age with common mental health disorders, such as anxiety and depression, in primary care. Support is still available to practice care organisations. If you are interested in working with the Improvement Foundation please go to [How we can help](#) or [click here to contact us](#).